

balti

Indian Cuisine

lunch menu

Eating in India varies according to religious groups. Hindus tend to favour vegetable dishes and Dhal served with rice. Muslims and Sikhs eat meat and seafood dishes, breads and dairy products like panner and yoghurt.

Meals are often served on Thalīs, which are large flat plates made from banana leaves or metal. Though more prevalent in southern areas, they are a common element of Indian cuisine, used by all levels of society.

The leaf or plate is covered with either small mounds of food or metal bowls called katoris, which hold the food

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Street Food

Aloo Tikki Chaat

Popular Indian savoury snack made up of spiced potato cakes topped with freshly made flavoured chutney's

12

Samosa Chaat

Crisp fried Samosa's crumbled into pieces topped with spiced chickpeas, tamarind, and mint chutney

12

Spinach Chaat

Batter fried spinach leaves, potatoes and chickpeas topped with combination of three sauces – tamarind, mint & yogurt

12

Jeera Paneer Pakora

Homemade cheese coated in a chickpea flour batter, flavoured with whole roasted cumin

12

Paneer Kathi Roll

This is another one of the popular street foods in India - sautéed paneer, baby spinach salad and minted yogurt rolled up in a soft naan

14

Chicken Kathi Roll

Spicy tandoori chicken pieces, salad, capsicum, mint and tamarind sauce, rolled up in a soft naan

16

Lamb Kathi Roll

Lamb mince skewers, salad, capsicum, mint and tamarind sauce rolled up in a soft naan

16

More Substantial

Paneer Chana Pulao

An aromatic spicy rice dish, made with chickpeas and paneer, served with cucumber raita and tomato onion salad

18

Spicy Prawn Rice

A delightful combination of King prawns, rice and spices, make a delicious a wholesome dish, served with cucumber raita and tomato onion salad

28

Thali's and Meals

Veg Thali

Dhal, two veg specials, soup, rice, naan bread, pappadams, raita, & dessert

21

Balti Thali

Chicken special, lamb, dhal, rice, naan bread, raita, pappadams & dessert

26

Meat Meal

Butter Chicken, Rogan Josh, rice & naan & pappadams

26

Chicken Meal

Butter Chicken, Tandoori Chicken Tikka, rice, naan & pappadams

24

Seafood Meal

Prawn curry, Fish Kerala, rice, naan & pappadams

30